

# Guidance & Counselling St. Mary's CBS, Portlaoise



**Preparing to move on from Second Level  
Education**

**In June 2025**

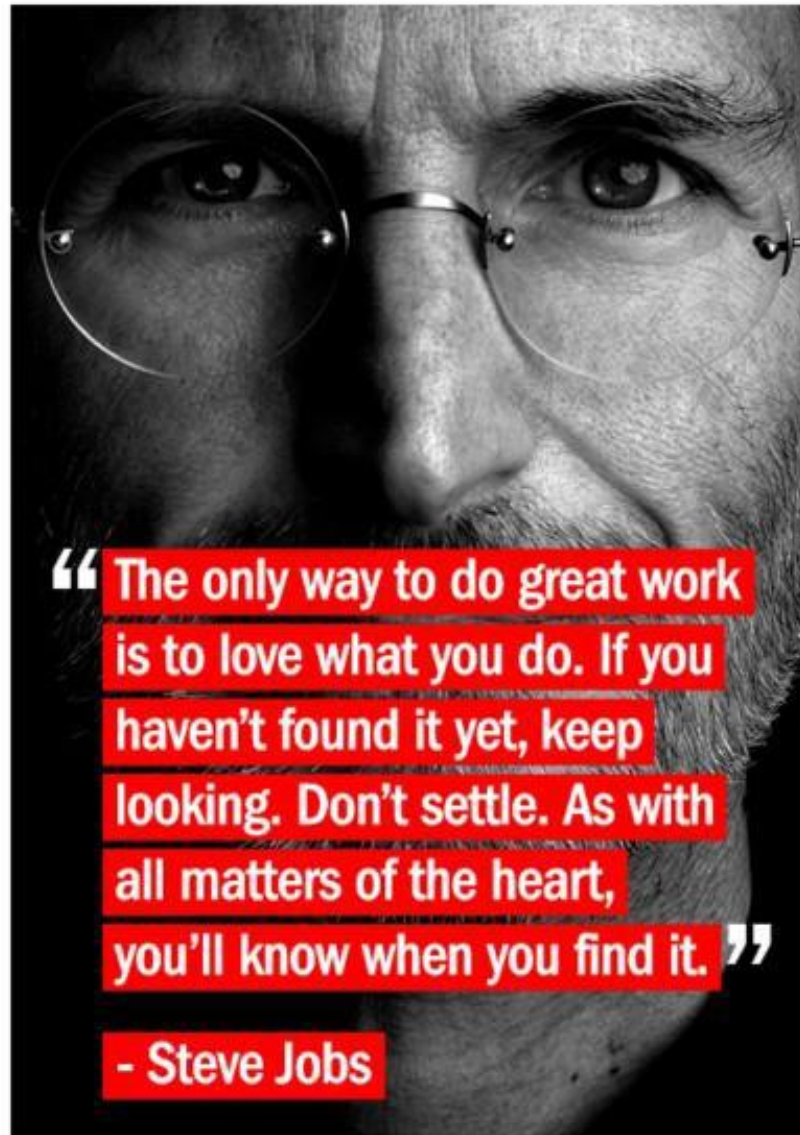


# Overview of Presentation

We will offer you information about:

- The National Framework for Qualification (NFQ)
- The CAO application process
- SUSI Grant
- HEAR and DARE
- UCAS
- Apprenticeships + PLC+ New Tertiary Degrees

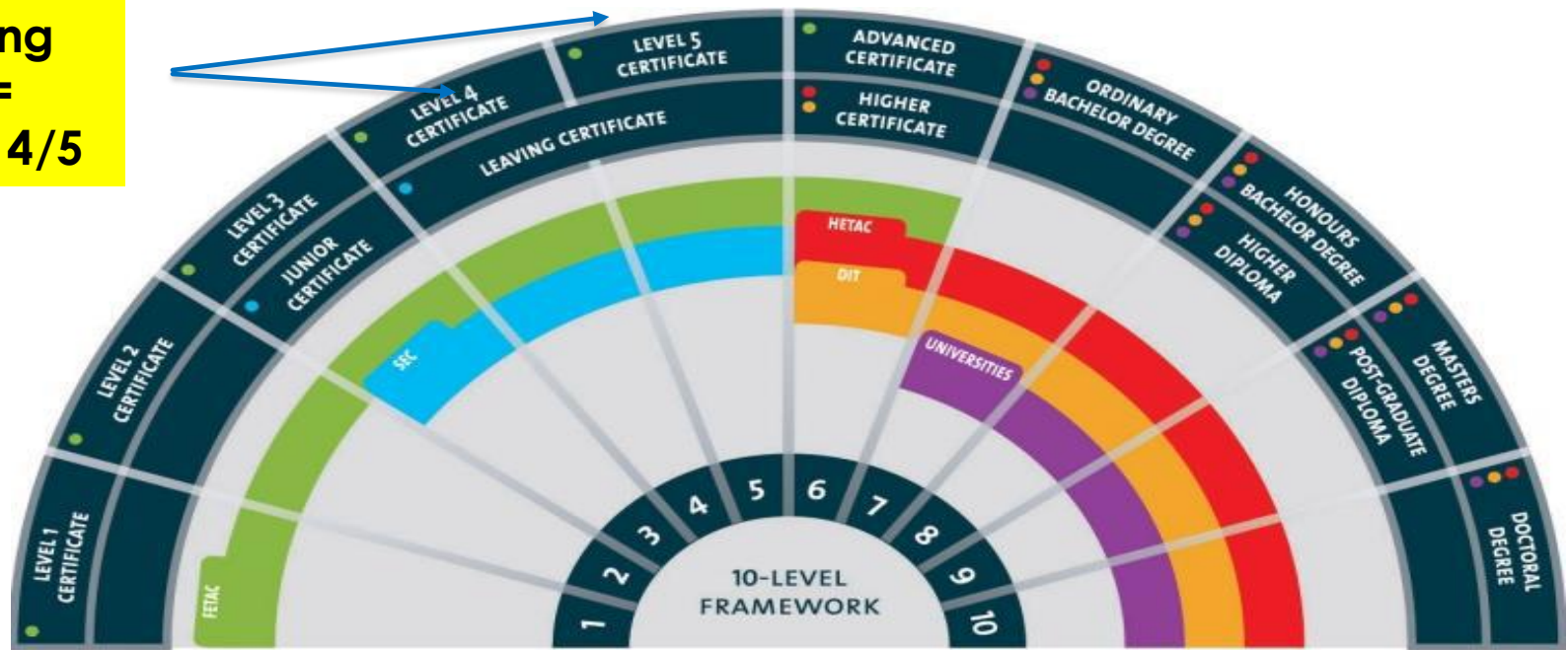
It's a BIG presentation in terms of length and importance...!



“ The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it. ”

- Steve Jobs

Leaving  
Cert =  
Level 4/5



## The National Framework for Qualifications

- 10 level framework.
- Generic ranges of standards of knowledge, skill and confidence at each level.
- Levels in the framework contain a wide range of awards.
- Leaving Certificate is at level 4 and 5 on the NFQ**



# Qualifications

D AWARDING BODIES

## KEY

- FETAC - Further Education and Training
- SQC - State Examinations Commission
- HETAC - Higher Education and Training
- DIT - Dublin Institute of Technology
- Universities

Post Leaving Certificate course Level 5 = 1 year study


Higher Certificates Level 6 = 2 years' study

Ordinary Degrees Level 7 = 3 years' study

Honours Degrees Level 8 = 4 years' study

Traditional Craft Apprenticeship usually Level 6 = 4 years

10-LEVEL  
FRAMEWORK



**Students have so  
many options open  
to them after their  
Leaving Certificate**

# Ladder System = Progression

*Universities*

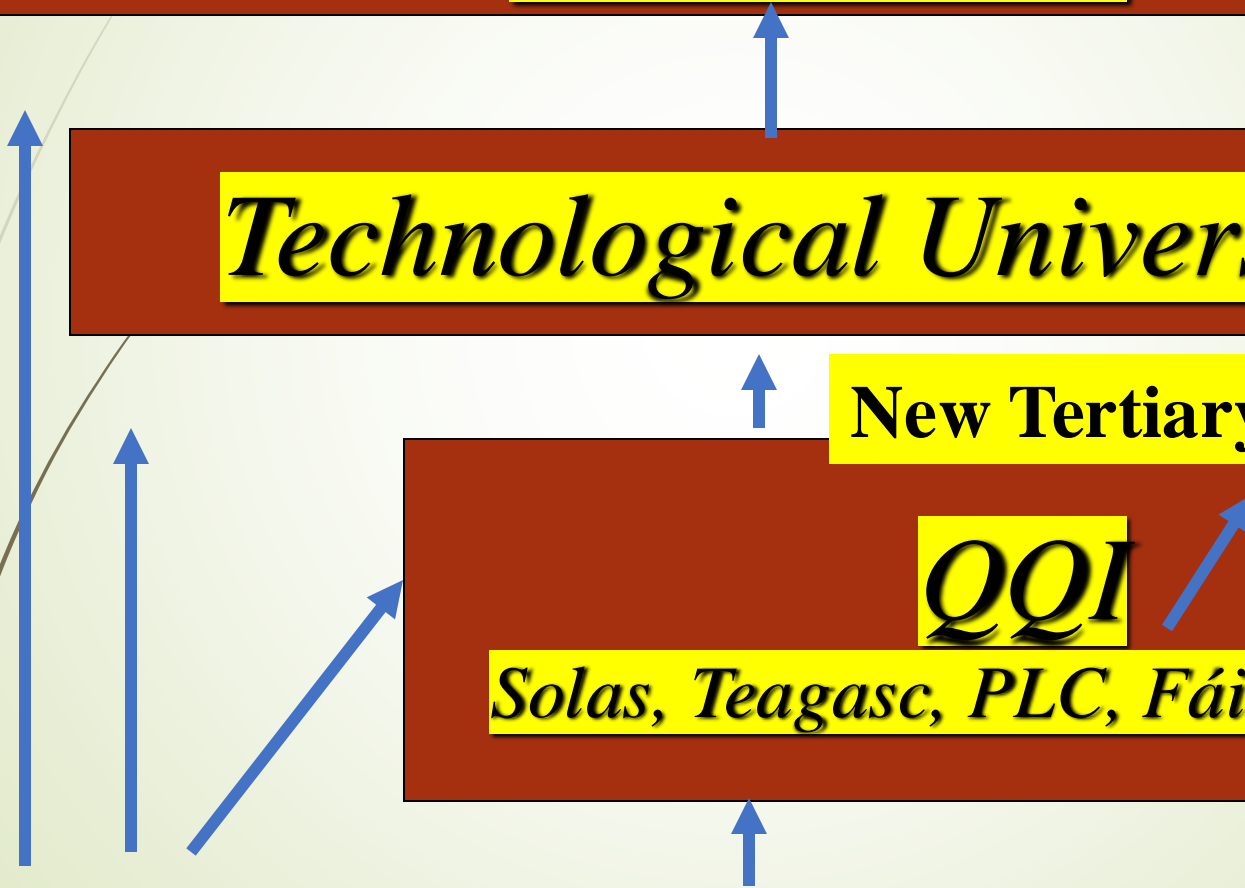
*Technological Universities*

New Tertiary Degrees

*QQI*

*Solas, Teagasc, PLC, Fáilte Ireland*

*Leaving Certificate*



# Let us Start with applying to Higher Education-

## What is CAO?

### ➤ CAO stands for Central Applications Office

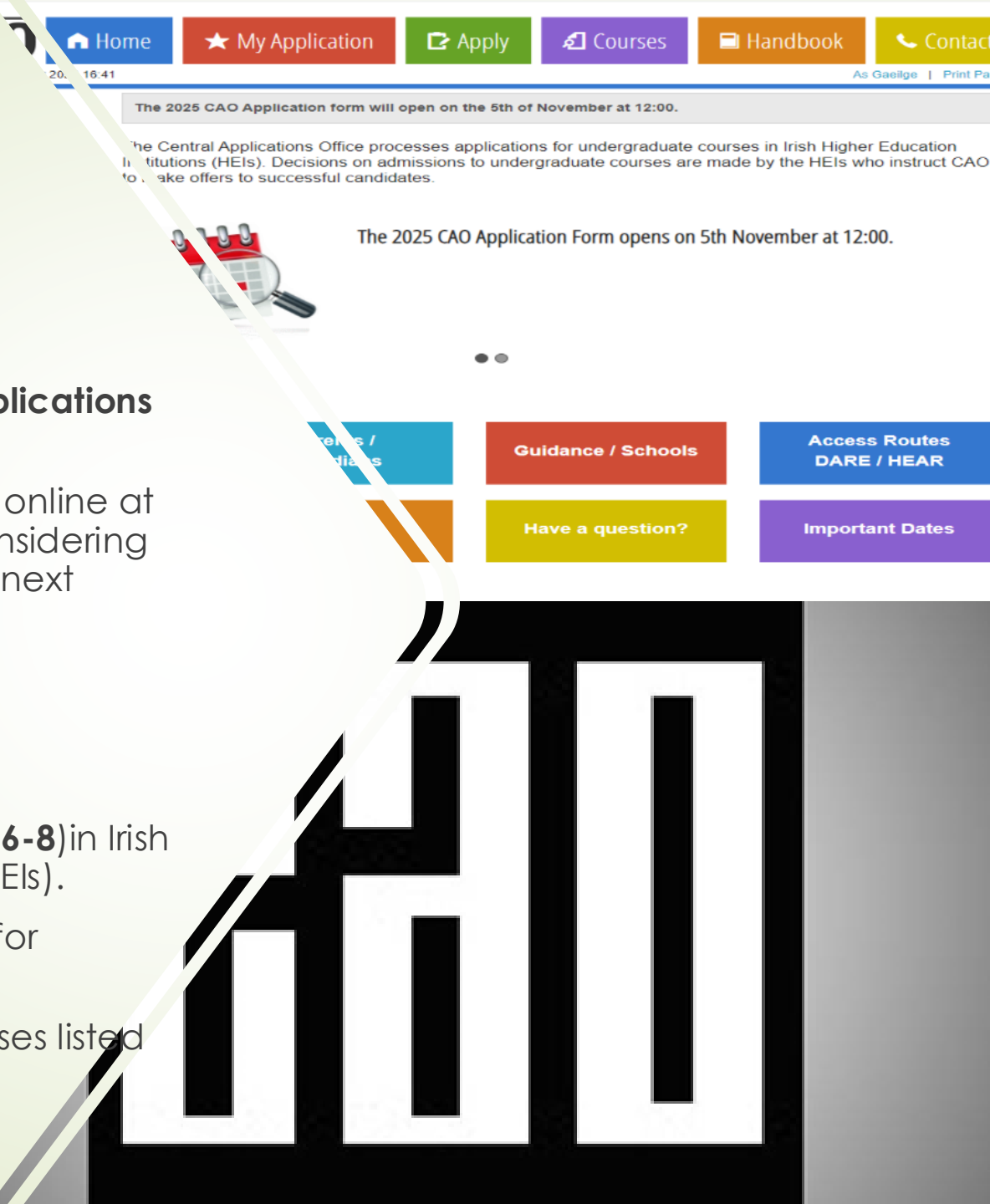
➤ Students apply to the CAO online at [www.cao.ie](http://www.cao.ie) if there are considering going to College in Ireland next year.

### ➤ What does CAO do?

• They **process** applications for undergraduate courses (**Level 6-8**) in Irish Higher Education Institutions (HEIs).

• CAO does not **SET** the points for courses.

➤ CAO has thousands of courses listed in the **CAO Handbook**





# The Handbook

- The CAO Handbook is an interactive available on the CAO website  
<https://www2.cao.ie/handbook/handbook2025/hb.pdf>
- The most important thing you do is **Read this Handbook Carefully.**
- It is your contract with the CAO
- All their questions about application and offers are answered there



## Read The CAO Handbook

- The CAO handbook has two sections.

### 1<sup>st</sup> Section - White Pages

Details Of Applications  
Procedures, Offers, Deadlines  
And Other Instructions.

### 2nd Section – Yellow Pages

Lists of courses &  
codes in the  
different colleges

# CAO Important Dates & Fees:

## 2024

- |                  |  |
|------------------|--|
| <b>September</b> | • CAO 2025 Interactive Handbook available online at <a href="http://www.cao.ie">www.cao.ie</a>   |
| <b>October</b>   |  |
| <b>November</b>  | <ul style="list-style-type: none"> <li>• CAO online application facility opens on <b>5 November at 12:00 noon</b></li> <li>• Facility to add/change course choices opens on <b>5 November at 12:00 noon</b></li> </ul> |
| <b>December</b>  |  |

## 2025

- |                  |  |
|------------------|--|
| <b>January</b>   | • Discounted application fee (€30 fee) available up to <b>20 January at 5pm</b>  |
| <b>February</b>  | <ul style="list-style-type: none"> <li>• Normal closing date for applications (€45 fee) is <b>1 February at 5pm</b></li> <li>• Online Change of Course Choices (free) facility closes <b>1 February at 5pm</b></li> <li>• Online facility to amend course choices becomes available (€10 fee) on <b>5 February at noon</b></li> </ul>  |
| <b>March</b>     | <ul style="list-style-type: none"> <li>• Closing date for amending course choices is <b>1 March at 5pm</b></li> <li>• Most tests and interviews for restricted courses are held in March and April</li> <li>• Closing date for final completion of online DARE/HEAR forms is <b>1 March at 5pm</b></li> <li>• Closing date for completion of Mature Applicant section of CAO form is <b>1 March at 5pm</b></li> <li>• Late application facility opens on <b>5 March at 12:00 noon</b></li> <li>• <b>DARE/HEAR</b> supporting documentation to arrive in CAO before <b>15 March at 5pm</b></li> </ul> |
| <b>April</b>     | • Most tests and interviews for restricted courses are held in March and April   |
| <b>May</b>       | <ul style="list-style-type: none"> <li>• Closing date for late applications is <b>1 May at 5pm</b></li> <li>• Online Change of Mind (free) facility becomes available on <b>6 May at 12:00 noon</b> (expected date)</li> <li>• Statement of Application Record email sent to all applicants before end of May. Inform CAO if you do not receive it.</li> </ul>   |
| <b>June</b>      | • Leaving Certificate examinations   |
| <b>July</b>      | <ul style="list-style-type: none"> <li>• Change of Mind Closes on <b>1 July at 5pm</b></li> <li>• Round A offers for certain categories of applicant e.g. mature, deferral, etc. are issued in <b>early July</b></li> </ul>  |
| <b>August</b>    | <ul style="list-style-type: none"> <li>• Round Zero offers for certain categories of applicant issued in <b>early August</b></li> <li>• Current year Leaving Certificate results issued (date to be confirmed)</li> <li>• Round One offers (date to be confirmed)</li> <li>• HEIs begin registration</li> </ul>  |
| <b>September</b> | <ul style="list-style-type: none"> <li>• HEIs begin registration</li> <li>• Results of Leaving Certificate appeals released (date to be confirmed)</li> <li>• Offer season ends (date to be confirmed)</li> </ul>  |

# Stages of CAO Application

Stage 1:	<b>Before you apply: Do your research, register for virtual open days, study, set goals, double check entry requirements for the Courses you are interested in.</b>
Stage 2:	Completing your application: Online is recommended <a href="http://www.cao.ie">www.cao.ie</a>
Stage 3:	Record of Application: CAO will send you a statement of application record (end of May)
Stage 4:	Change of Mind: Up until the 1st of July
Stage 5:	Leaving Certificate Results (mid-August)
Stage 6:	Offers and acceptances of places: (end of August, early September)



# Stage 1- Doing Your research on your chosen course



**To answer the question you must**



**Do Research: Use Careers Portal and Qualifax**



**Talk with Guidance Counsellor**



**Go to open days and guest speakers in school.**



**Visit the college CAMPUS (IF POSSIBLE)**



**Read College Prospectus / email**

Subjects in First Year? / Choices in 2<sup>nd</sup> year

Is there work experience/Erasmus Year

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Concerns about the Course/  
Distance/Accommodation

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Talk to current 3<sup>rd</sup> level friends

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Recognition of Course

---

Future Skills and Trends

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Job for Life?

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## Stage 2. Applying – getting your Application Number

- Apply online - application number will appear on your *Receipt of Online Application*.
  - This number is private and it will be used in every correspondence between you and the CAO for the rest of the year.
  - If you apply online you may change your course choices free of charge until 1st February at 5pm. .
- **\*Goal\*** Apply now and have at least one course entry made before the Holidays


# Stage 3- Reply from CAO - Statement of Application Record

**The Statement is important for two reasons:**

1. The Statement of Application record includes notification of your **CAO application number**.
2. It also includes a **list of the courses** that you have applied for.

If you have made any mistake or omission in your course choices then now is the time to rectify your error. The statement of application record arrives late May.

**Pay particular attention to restricted courses.**



# Check Your Statement of Application Record.

Check the following carefully, if there is any error or omission, amend the Statement and return it to CAO.

Are all the courses shown and in the correct order?

Are all the codes correct?

Are the exam numbers correct?

Are all exams mentioned?

If you do not receive a Statement by 1<sup>st</sup> June contact CAO immediately.



## Stage 4- Change of Mind



### Change Of Mind

You will also be sent a change of mind form in May.

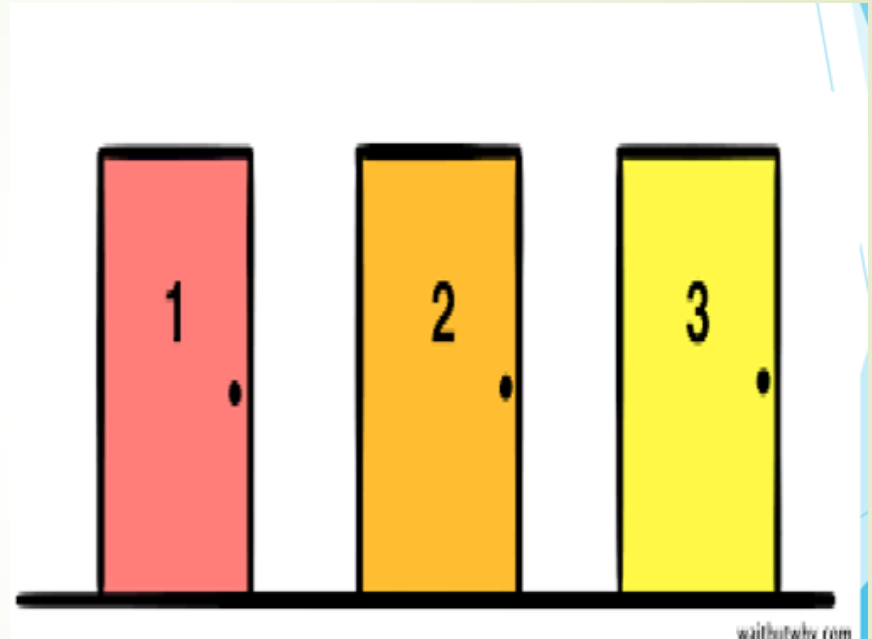
You can change your mind online even if you have applied on paper.

The final date for changing my mind is July 1<sup>st</sup>.

# BEFORE ADDING COURSES TO YOUR CAO REMEMBER TO CHECK THE ENTRY REQUIREMENTS

Think of the entry requirements to College in Ireland like a three door system which you must meet.

1. Door one which you must have are College requirements
2. Door 2 which you must meet is Subject requirements
3. Door 3 which you must meet are the Points



# C College Requirements

5 O6 in Leaving Certificate for Level 6 & 7 courses.

Level 8 courses need a pass in 6 subjects with at least 2 at H5 & 4 at O6.

The background of the slide is a photograph of a modern university building's interior. It features a multi-level atrium with a prominent red wall on the left, white concrete railings, and a curved white wall with a series of windows on the right. The lighting is bright and modern.

# Faculty Requirements

## **The Faculty (Or Course) Requirements**

E.g. H4 In Irish For Primary Teaching, H4 In Maths For Engineering in most universities

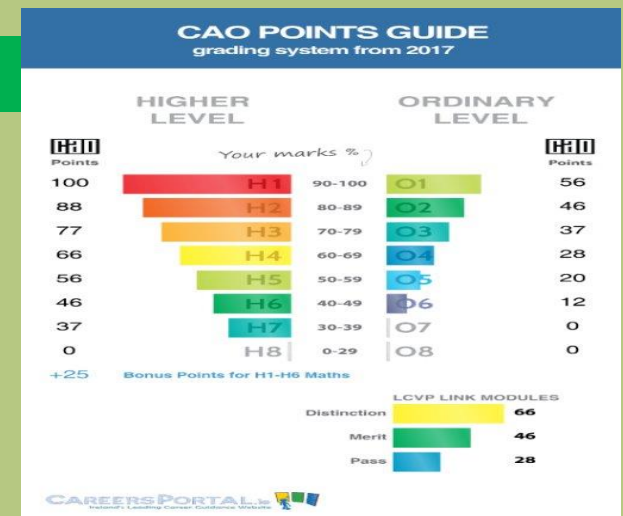


# Points

Best six subjects in one sitting of the Leaving Certificate.

LCVP – can be used as 1 of the 6 subjects

Bonus points for HL Maths



You Get An Offer When You Satisfy All

College Requirements

Faculty Requirements

Points Requirements

# Choosing your courses and filling out your CAO

## Two Applications on One Form

You can choose up to  
10 honours degree  
Level 8 courses

You can choose up to  
10 higher certificate /  
ordinary degree /  
Level 6 & 7 courses

- **Level 8**

(Higher  
Degree Courses)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

- **Level 6 & 7**

(Higher Certificate &  
Ordinary  
Degree Course)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

**Genuine order of Preference is ESSENTIAL!**

<i>Level 8</i>	
Pref	Course Code
1	CK101
2	DC111
3	AL847
4	DN650
5	TR084
6	DC115
7	MH404
8	WD134
9	WD048
10	MH101

<i>Level 6/7</i>	
Pref	Course Code
1	WD159
2	TU772
3	TU787
4	NC009
5	TU788
6	MT550
7	MT551
8	
9	
10	

## Adding Courses:

**List in genuine  
order of preference!**


Dream Courses

Realistic courses

Safety Net Courses



# ROUND ONE

CAO Computer	Course	College Requirements	Faculty Requirements	Points Requirements	Criteria Met	Offers
	Course 1	C				
	Course 2	C	F			
	Course 3	C	F			
	Course 4	C	F			
	Course 5	C	F	P	★	OFFER 1
	Course 6	C	F	P	★	
	Course 7	C	F			
	Course 8	C				
	Course 9		F			
	Course 10	C	F		★	

Courses Below  
Offer Are  
Deleted From  
CAO Computer





# Order of Preference

If you learn  
nothing else from  
this presentation  
let it be this...

**Place your course  
choices in  
genuine order of  
preference!**

To do otherwise is  
a grave mistake.

97% of places are filled in round one, but sometimes people don't accept offers and leave spaces so..

<div>  <div> <div>ROUND TWO</div> </div> </div>						
CAO Computer	Course	College Requirements	Faculty Requirements	Points Requirements	Criteria Met	Offers
	Course 1	C				
	Course 2	C	F	P	★	OFFER 2
	Course 3	C	F			
	Course 4	C	F			
	Course 5	C	F	P	★	OFFER 1
	Course 6	C	F	P	★	
	Course 7	C	F			
	Course 8	C				
	Course 9		F			
	Course 10	C	F	P	★	

Deleted

Courses Below Offer Are Deleted From CAO Computer

(Restricted courses are identified on the handbook with the words restricted).

### Restricted Applications

Some courses consider more than just points.

Eg: Interviews, Tests, Auditions, Portfolios or Projects.

These are conducted around Easter.

These courses can't be added to your application after February 1st.

They can be changed or dropped.



# The Offer Process

In the week following the release of the Leaving Certificate results **CAO will email** a communication to all applicants.



If you have not yet become entitled to an offer you will be sent a Statement of Application Record which you should check carefully as important information may be incorrect or missing.





## Stage 5 & 6

# The results and The Offer Process

If you are entitled to an offer, you will be sent an offer notice. You should check that all of the details on the offer notice are correct and that there are no omissions.



Offers will also be available on the CAO website.



You may check for and accept offers on the website. In fact, most applicants now record acceptances online.

# The Offer Process

Your offer notice may contain an offer

for a Level 8 course

or a Level 7/6 course

or both

If you receive two offers at the same time you may only accept  
**ONE of them.**

If you wish to accept an offer of a place you must carry out the instructions on the offer notice before 5.15pm on the closing date for acceptance printed on the offer notice.



## The Offer Process

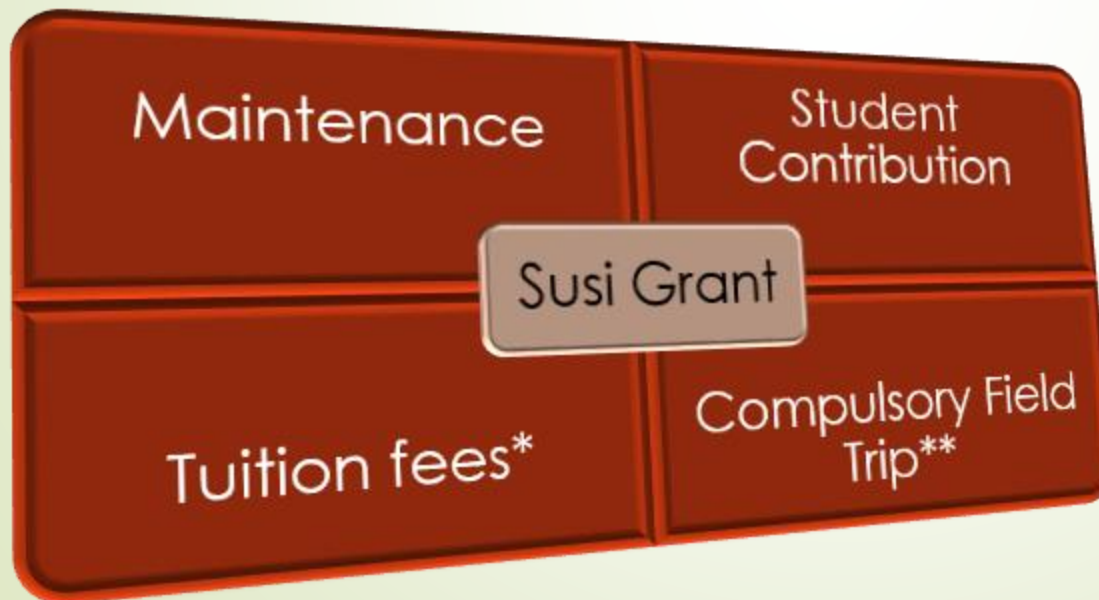
There can be no delays at the offer/acceptance stage.



Any offer not accepted by the closing date for receipt of acceptance of offers in CAO will be offered to another applicant in the next round of offers.

# Student Universal Support Ireland - SUSI

- An **on-line application** process covering all grants available to new students entering college for the first time



\*Tuition Fees in cases where the Free Fee Initiative may not apply

\*\* Field trips that are core components of the specific course. Eligibility depends on amount of support already received



# General information: Grants

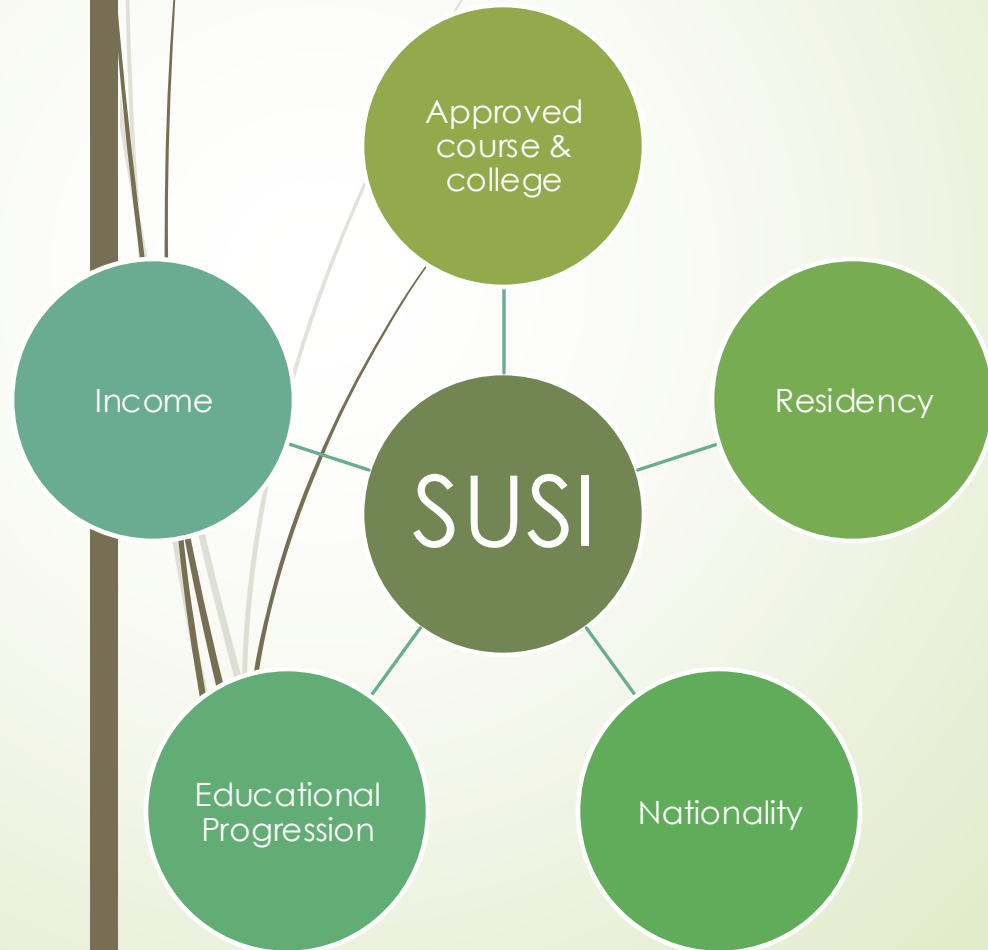
- Grants are available for fulltime Higher Education and Further Education (QQI Level 5/6)
- Grants can cover:
  - Maintenance: paid on a pro-rata monthly basis directly into a students' bank account over 9 months from October 2025 (payment dates will be scheduled)
- Student Contribution charge: €3000 + fee may be reduced) paid directly to college
- Tuition Fees: in cases where the Free Fees Initiative does not apply, as long as it is an approved college and course.
- Field Trip Expenses: compulsory field trips only for eligible students



Students must meet a range of eligibility criteria.



# Eligibility Criteria



There are 4 steps

<http://www.studentfinance.ie>

## Step 1

Click on the SUSI icon on the student grant page and register your personal details...

### Register for a SUSI account

#### Personal Details

Your PPS no	<input type="text" value="XXXXXXX"/>	* ?
Your surname	<input type="text" value="Student surname"/>	*
Your first name(s)	<input type="text" value="Student first name"/>	*
Your date of birth	<input type="text" value="00/00/0000"/>	* 
Your e-mail address	<input type="text" value="studentname@provider.ie"/>	* ?
Confirm e-mail address	<input type="text" value="studentname@provider.ie"/>	*
Telephone Number	<input type="text" value="08xxxxxxxx"/>	*

Previous

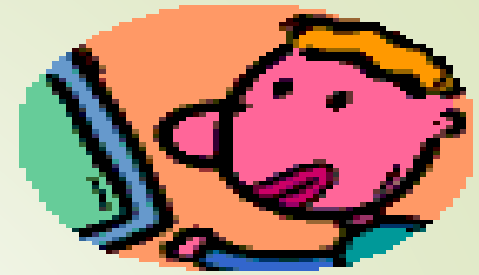
Next

# Account Verification:

- You will be sent an email with a verification code to gain access to your SUSI your account to begin the application.
- Enter the verification code (note it expires after 20 minutes of receiving it).
- You will now be able to complete the login and security details for your account.
- Remember to have secure but easily remembered login and password as you will need to access your account regularly.
- Once registered an email will be sent to the student confirming registration.
- **YOU CAN NOW BEGIN INPUTTING INFORMATION FOR YOUR GRANT APPLICATION**
- You will complete all sections of the application form.



## Step 2



When you're happy with your application hit the submit button on the last page...



(Once your application has been submitted you will only be able to change your contact details by using the 'Change Your Personal Details' section on the main menu. Note: you will not be able to make changes to any other section of your application. After you submit your application, the system will send you an email with a copy of your application for information purposes only.)

## Step 3



SUSI will look at your application



SUSI will then send you a personalised document pack...





## The pack will include:

- A schedule of the **documents** (photocopies only required) that are required from you to process your application further;
- A **personalised declaration** form that needs to be signed by all parties to your application;
- **Explanation notes** on the specific documents requested and guidance on where to get any documents required;
- **A pre-addressed envelope** to facilitate the return of your documents to SUSI.



## Step 3 continued...

All SUSI postal correspondence will be addressed to the applicant and will display the SUSI logo on the envelope.

In the event of any difficulty or query in relation to the documents requested, contact the SUSI Support Desk for assistance.

### **Returning your Documents**

You must return:

Your application Declaration Form signed by all parties to your application;

Your personalised document list together with photocopies of all your required documents at the same time in the pre-addressed envelope provided.



## 4<sup>th</sup> Step

SUSI will then assess your application with the documents provided by you and advise you if you are provisionally awarded for a student grant for the 2024-2025 academic year. You will be notified of the final step of the application process which you need to complete when you have selected your final college/course.

### Payment of Student Grants

When you're registration for an approved course at an approved college has been confirmed SUSI will arrange to pay your student grant on a monthly basis directly into your Irish bank account.



# SUSI Support Desk



➡ Email: [support@susi.ie](mailto:support@susi.ie)

❓ **Twitter:** @susihelpdesk

❓ **Facebook:** susisupport

➡ **Telephone 0818 888 777**    Opening Hours: Monday to Friday  
9.00am - 5.30pm

➡ Application TRACKER – progress of your grant application



ACCESS

*HEAR*

*DARE*



[www.accesscollege.ie](http://www.accesscollege.ie)




Welcome to  
**ACCESS COLLEGE**

*Equity of Access to  
Higher Education*

*To widen access to Third Level the following 2  
initiatives have been introduced:*

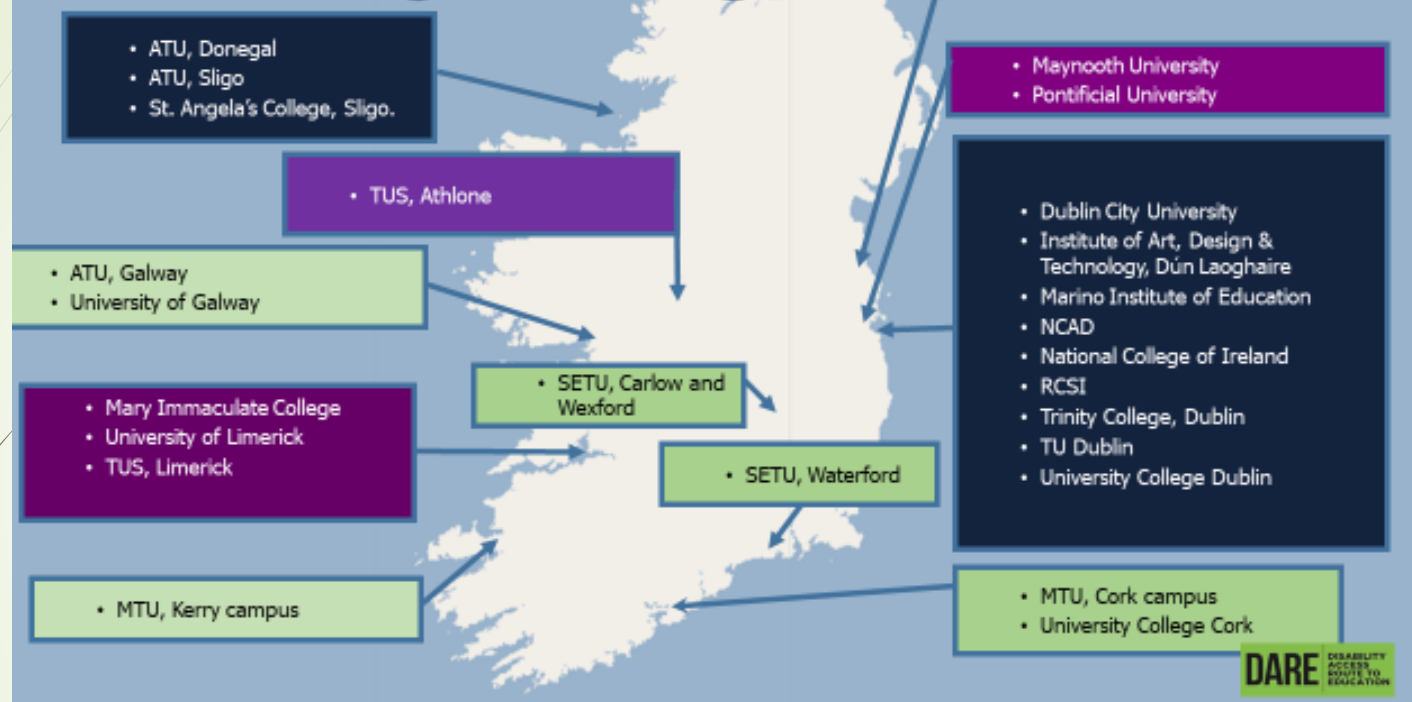




## **DARE Disability Access Route to Education**

- Students with disability or any health problem are eligible to apply for the DARE scheme.
- DARE is for school leavers with a disability under the age of 23 as of 1 January 2025, who have been educationally impacted as a result of that disability.
- Offers college places on reduced points to school leavers with disabilities.

## Where can I go to college?



## Participating Colleges in DARE



# DARE

- Step 1 - Tick the box on the CAO form.
- Step 2 - Complete the supplementary information form (SIF).

<http://www.accesscollege.ie/dare/includes/pdfs/section-c-evidence.pdf>

- Decisions regarding eligibility will be made by Higher Education Institutions in June 2025.








# DARE Application

- **Part A** must be completed online by the applicant outlining the impact of his disability on his education.
- **Part B** must be completed by a member of the academic staff, providing an academic reference and information on his education experience.
- **Part C** provides verification of condition from medical consultant or psychologist.



# What are the application and closing dates for DARE?

**Students must make an application to CAO by 1st of February if they wish to be considered for DARE**

<b>From November 2024</b>		CAO applications open from <b>5 November 2024 at 12 noon</b> . 1. Review the DARE Handbook with your parent(s)/guardian(s). 2. Make a CAO application at <a href="http://www.cao.ie">www.cao.ie</a> . 3. Fill in the online Supplementary Information Form (SIF) at <a href="http://www.cao.ie">www.cao.ie</a> . 4. Complete your Educational Impact Statement with your school. 5. Gather your Evidence of Disability documentation.
<b>By 1 February 2025</b>		Apply to CAO by 17:00 on 1 February.
<b>By 1 March 2025</b>		<b>You must indicate your wish to be considered for DARE by ticking 'Yes' to Question 1 by 17:00</b> and complete Section A (Questions 1-5) of the Supplementary Information Form (SIF) on <a href="http://www.cao.ie">www.cao.ie</a> .
<b>By 15 March 2025</b>		You must return the completed, signed AND stamped 1. Educational Impact Statement (Section B) 2. Evidence of Disability (Section C) or other evidence of Disability to DARE Applications 2025, CAO, Tower House, Eglinton Street, Galway by 17:00. Make sure your documents are clear and can be easily read. Please number each page and write your CAO application number, name and the date on the front of each page. Faxed/emailed documents are not accepted.
<b>April – June 2025</b>		Assessment of DARE applications.



# HEAR Higher Education Access Route

- Offers places on reduced points and extra college support to school leavers from socio-economically disadvantaged backgrounds.
- Step 1 - Tick the box on the CAO form.
- Step 2 - Complete the HEAR form and submit all relevant supporting information.
- For further information on DARE/HEAR please see:
- [www.accesscollege.ie](http://www.accesscollege.ie) [www.cao.ie](http://www.cao.ie)



# HEAR Higher Education Access Route

Who is eligible to apply?

## Financial Indicators

- 1. Income
- 2. Medical Card
- 3. Social Welfare Payment

## Social & Cultural Indicators

- 4. Socio-economic Group
- 5. School
- 6. Area

*Applicants must meet the **Low Income** plus 2 other indicators in order to be eligible*

*Timeline is the same as DARE Timeline (Slide 50)*

<http://www.accesscollege.ie/hear/availability.php>

Remember

You can apply to both

**DARE & HEAR**

Applicants who are both DARE and HEAR eligible will be prioritised by colleges when allocating reduced points places.



# UCAS

## (University & College Application System England, Scotland, Wales & N.Ireland)

- Early Closing Date – 16<sup>th</sup> October 2024  
(Med, Dent, Vet, Oxford, Cambridge)
- General Closing Date – 29<sup>th</sup> of January 2025
- Apply Online Only – c.a. £28.50 Sterling
- Choose 5 Courses,
- Write Personal Statement.
- Reference from school.

# Why Consider UCAS/EUNICAS

- Insurance option for course areas where points are very high
- e.g. Medical, Paramedical, Engineering,
- Primary Teaching etc.
- European colleges have courses taught in English



++++ ALSO \*\*\*\*\*

European  
Universities -Eunicas



# PLC Post Leaving Certificate Courses – FETAC/QQI

*Apply directly to college or register to create a FET account through the pink section title 'Further Education and Training' on [www.cao.ie](http://www.cao.ie)*

*1 or 2 years*

*Wide variety of courses*

*Pathway to Higher Education*

*Gap Year – Defer CAO Course*

*Lead to employment*



GALWAY TECHNICAL INSTITUTE



**Portlaoise Institute of  
Further Education  
(PLC)**

# New Tertiary Degrees- over 40 now Application from 1<sup>st</sup> of Feb



**eMail:**

**[info@nto.ie](mailto:info@nto.ie)**

**Website:**

**[www.NTO.ie](http://www.NTO.ie)**

# Types of Apprenticeships (Apprenticeships.ie)


## Examples of Some traditional Apprenticeships are:

- Agricultural Mechanics\*
- • Aircraft Mechanics\*
- • Brick and Stonelaying
- • Carpentry & Joinery
- • Construction Plant Fitting\*
- • Electrical\*
- • Electrical Instrumentation\*
- • Electronic Security Systems\*
- • Farriery
- • Floor & Wall Tiling\*
- • Heavy Vehicle Mechanics\*

*\*must pass a colour – vision test approved by SOLAS.*

## Examples of New types of Apprenticeships include:

- Accounting Technician
- Insurance Practitioner
- Industrial/Electrical Engineer
- Manufacturing Technician
- Manufacturing Engineer
- Commis Chef
- International Financial Services Associate
- International Financial Services Specialist
- Laboratory Analyst



# Where to find an employer?

- [www.apprenticeships.ie](http://www.apprenticeships.ie)
- Summer Work and networking
- State Companies and Departments
- Security Services
- Local companies (big and small)
- Looking at training abroad
- Adverts(...Indeed.ie...ESB)

**Be resourceful and search!**

# Eligibility Criteria for Traditional apprenticeships

- Apprenticeship eligibility depends on the type of apprenticeship a student is interested in. **Most traditional apprenticeships require:**
- Apprentices must be at least 16 years of age and have a minimum of grade D in any five subjects in the Junior Certificate or equivalent. However, employers may require additional minimum qualifications.
- Or
- They satisfactorily complete an approved preparatory training course and assessment interview. For information on these courses please contact your local Employment Services Office;
- Or
- They are over 18 years of age with a minimum of three years relevant work experience and satisfactorily complete an assessment interview.
- Employment - Apprentices must be employed in their chosen occupation by an employer who has been approved by SOLAS. The employer must register the apprentice with Solas.

## Eligibility Criteria for New apprenticeships

- You need a Leaving Cert with
- Grade 06 at ordinary level in 5 subjects, two of which must be Maths and a language (English or Irish) or equivalent (QQI Level 5/6).
- Some apprenticeships may have additional specific requirements. See [www.careersportal.ie](http://www.careersportal.ie) for more information on each individual apprenticeship.





## Becoming a Craftperson



Choose an area of interest



Find an employer who is registered with SOLAS will register the apprenticeship with SOLAS



Take Responsibility for Working and Training



Attend the on and off the job training

# For Information on the Defence Forces and the Garda Síochána

## The Defence Forces:

(Naval service, Air Corps & Army)

Go to [www.military.ie](http://www.military.ie)



## An Garda Síochána

- You must register with [publicjobs.ie](http://publicjobs.ie)
- Go to [www.garda.ie](http://www.garda.ie) for more information on eligibility, entry requirements and application process, etc.

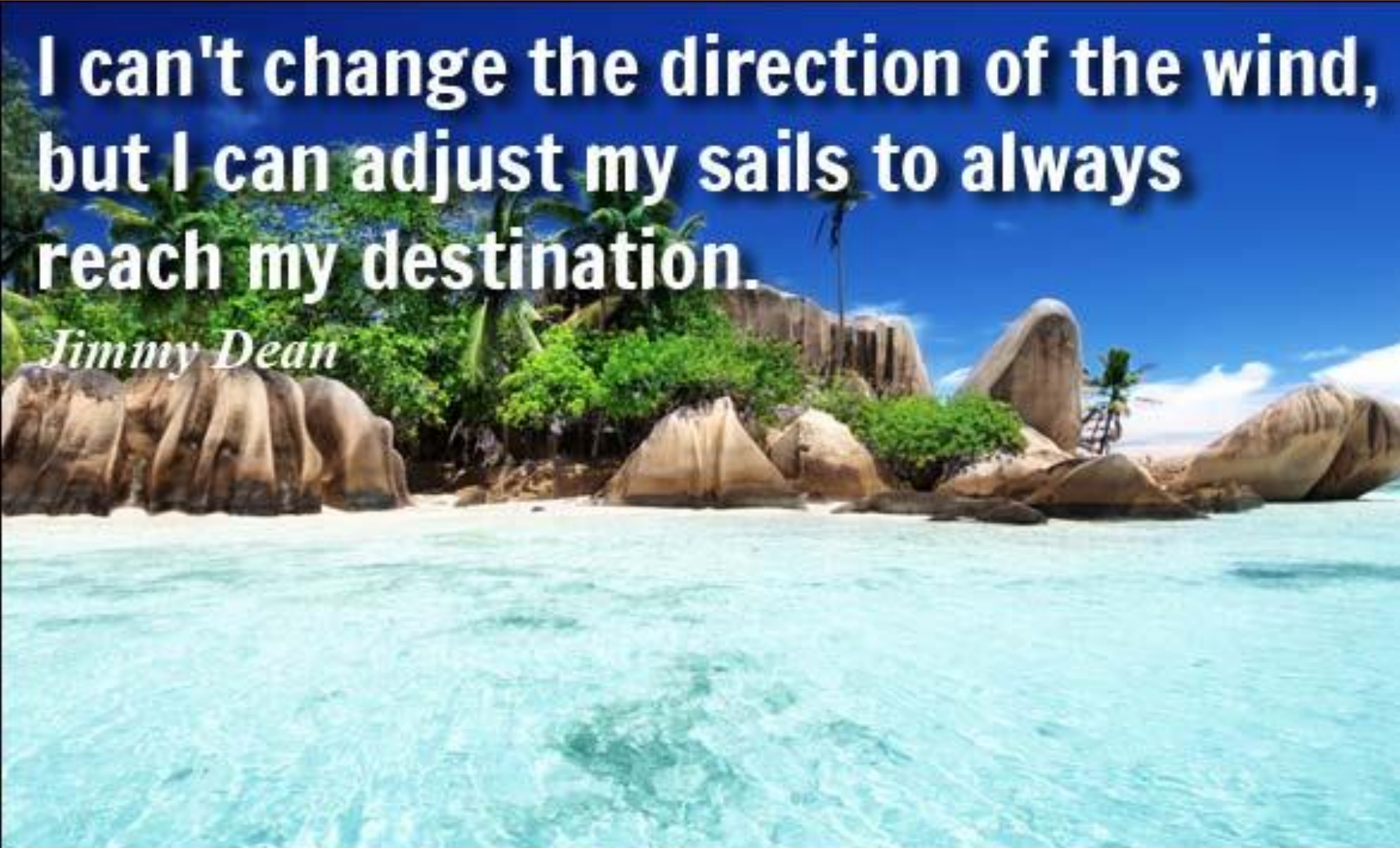




# Boost your Chances

- ✓ Stay In Education
- ✓ Choose Course Wisely
- ✓ Beware : Dropout rate!!
- ✓ Reinforce skills
- ✓ Keep Positive

**Fail to Plan-  
Plan to Fail**



**I can't change the direction of the wind,  
but I can adjust my sails to always  
reach my destination.**

*Jimmy Dean*