

## **Transition Year Guidance Programme 2024/25**

Dear TY Parents,

We hope this information letter finds you all well,

We are writing to inform you of our plan within the Career Guidance department in TY and to highlight to you where you can find out more information on taster days, open days, and courses on offer throughout the TY year.

Should your son further support in the areas of personal, vocational or educational guidance they can book or alternatively you (the parent/guardian) can contact a member of the guidance team and book appointment to speak with a Guidance counsellor.

We hope this information is useful to you,

Kind regards,

The Guidance Team St. Mary's CBS Portlaoise

[guidance@portlaoisecbs.com](mailto:guidance@portlaoisecbs.com)



## **The Plan for the TY Career Programme 2024/25**

### **Overall aim:**

The aim of the 2024/2025 Career guidance and counselling programme for Transition Year students *is to encourage students to reflect upon “knowing and caring for themselves” and to “begin exploring their career opportunities and options”.*

### **Overview of TY Year Plan**

- Reflecting upon Personal strengths
- Aptitude and career interest inventories using Career Fit Testing (Tests academic strengths in Numeracy, literacy, and abstract reasoning)

- Discussing Career Opportunities which correlate to their aptitude and Interests via a Career Fit Report
- Reality testing these career opportunities through work experience on Wednesdays
- Exploring future career opportunities and options (Higher Education, tertiary degrees, PLC courses, apprenticeships etc) through Career Guidance classes rotated throughout the year
- Exploring access routes and financial supports which exist to promote inclusivity in accessing Higher Education in Ireland- through Career guidance classes rotated throughout the year
- Evaluating these career opportunities through a work experience diary and career investigation
- Correlating subject choice to each students' individual strengths and potential career opportunities via workshops, subject choice taster days and parent evenings held in February and March.

### **Useful Information, Websites and Resources**

**Useful Website to find information on many upcoming events, open days, taster days etc.**

- Calendar Of Open Days upcoming for TY students  
<https://www.qualifax.ie/events?page=1>
- Calendar of Events for Open days and Upcoming try and taster programmes  
<https://careersportal.ie/media/index.php>
- Transition Year website which highlights TY programmes you can engage in throughout TY which may help your career choices <https://ty.ie/ty-help/ty-programmes/>

### **Other Specific Events, Courses and webpages worth exploring**

- Try Events- These are taster days within colleges which allow you to 'try'/ taste college courses - costs may apply  
<https://www.setu.ie/study/undergraduate-study/try-setu>
- Look into Law Programmes for TY students  
<https://www.lawlibrary.ie/look-into-law-ty-programme/>
- TY cookery Camps  
<https://www.dublincookeryschool.ie/courses/teen-cooking-camps>
- TY Open Day DCU  
[https://careersportal.ie/colleges/college\\_event\\_item.php?event\\_id=17362&college\\_id=8&client\\_id=105](https://careersportal.ie/colleges/college_event_item.php?event_id=17362&college_id=8&client_id=105)
- TRY Events SETU Waterford Campus  
[https://careersportal.ie/colleges/college\\_event\\_item.php?event\\_id=17439&college\\_id=29&client\\_id=251](https://careersportal.ie/colleges/college_event_item.php?event_id=17439&college_id=29&client_id=251)
- TY Walk in My shoes Events- Mental Health Awareness Programmes

<https://www.walkinmyshoes.ie/schools/secondary-school/transition-year-programme>

- Trinity College Dublin TY Programmes on Offer  
<https://www.tcd.ie/study/other-courses/ty-programmes/>
- Failte Ireland Work Experience Programme  
<https://www.failteireland.ie/tourism-careers/ty-work-experience-programme.aspx>
- ATU Digital badges for Business and Marketing  
<https://www.atu.ie/digital-badge-marketing>
- TU Tallaght Open Day  
<https://www.qualifax.ie/events/tu-dublin-schools-open-day-tallaght>
- Trinity Summer School Details  
<https://www.tcd.ie/study/other-courses/summer-schools/>
- The Gardai

**experience.**



An Garda Síochána facilitates work experience where possible for Students during Transition Year at secondary level only.

Students interested in work experience should write to their local Chief Superintendent in the Division in which they live (contact local Garda Station for details).

The application should include a letter from the relevant school outlining that the student is insured. It should also outline the students name, address, date of birth and previous addresses. The dates of the proposed placement should be outlined and as much notice as possible should be given to arrange a placement.

Students should note that work experience will be in the administrative area and that it will not be possible to provide work experience in the operational Garda field.

The phone number of your local Garda Station is available on the Garda website [www.garda.ie](http://www.garda.ie).

***This list is not exhaustive and is subject to change throughout the year.***