

## MONDAY AND TUESDAY

**SOUP AND ROLL**  
€2.00

### Homemade Soup of The Day <sup>9</sup>

**HOT OPTION 1**  
€3.70

### Meatball Marinara Sub

Meatballs tomato sauce cheese in a  
toasted Sub Roll

**HOT OPTION 2**  
€3.70

### Chicken Curry Madras with Rice <sup>9 10</sup>

**HOT OPTION 3**  
€3.70

### Pasta Carbonara

**VEGETARIAN OP-  
TION**  
€3.70

### Vegan/Vegetarian Lasagne

**All of our Meat is of  
Irish Origin**

## WEDNESDAY TO FRIDAY

### Homemade Soup of The Day

### Lasagne with Garlic Bread <sup>1 7 9</sup>

### Chicken Curry Madras with Rice <sup>9 10</sup>

### Sausage Mash and Beans

2 irish pork sausages with creamed potato  
and baked beans

### Roasted Vegetables Biryani

## WEEK 1 Cycle 1

### Daily Bread Menu

Please choose your bread Ba-  
guette small €1.70 Large Ba-  
guette/Panini €3.50, Wraps €2.50  
Sandwiches €2.00

**Please choose your filling**

1. Oven baked breaded chicken strips
2. Oven baked breaded chicken strips with lettuce
3. Oven baked breaded chicken strips with Lettuce and cheese
4. Oven baked breaded chicken strips with Cheese
5. Ham and cheese
6. Ham
7. Roast chicken breast
8. Salad\Chicken or Ham Salad



### Allergens

1. Gluten
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soya
7. Milk
8. Nuts
9. Celery
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide
13. Lupin
14. Molluscs