

## MONDAY AND TUESDAY

**SOUP AND ROLL**  
**€2.00**

**HOT OPTION 1**  
**€3.70**

**HOT OPTION 2**  
**€3.70**

**HOT OPTION 3**  
**€3.70**

**VEGETARIAN OP-  
TION**  
**€3.70**

### Homemade Soup of The Day <sup>9</sup>

**Pasta Carbonara** <sup>1 3 7</sup>  
with Chicken and Bacon in a Cream  
Sauce

### Mexican Burrito with Po- tato Cubes

**Chicken Curry Madras with  
Rice** <sup>9 10</sup>

**Chick pea and sweet potato  
curry**

## WEDNESDAY TO FRIDAY

### Homemade Soup of The Day <sup>9</sup>

**Peri Peri Chicken** <sup>1 7</sup>  
**Burger With Coleslaw  
and Potato Cubes**

**Chicken Chipotle  
Sub** <sup>1 2 9 12</sup>

Breaded Chicken Strips in a toasted soft sub  
with Cheese and Chipotle Sauce

**Chicken Curry Madras  
with Rice** <sup>9 10</sup>

**Seasonal vegetable pasta  
with pesto**

## WEEK 3 Cycle 1

### Daily Bread Menu

Please choose your bread Ba-  
guette Large Baguette/Panini  
€3.50, Wraps €2.50

Please choose your filling

1. Oven baked breaded chicken strips
2. Oven baked breaded chicken strips with lettuce
3. Oven baked breaded chicken strips with Lettuce and cheese
4. Oven baked breaded chicken strips with Cheese
5. Ham and cheese
6. Ham
7. Roast chicken breast
8. Salad\Chicken or Ham Salad



### Allergens

1. Gluten
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts
6. Soya
7. Milk
8. Nuts
9. Celery
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide
13. Lupin
14. Molluscs

**All of our Meat is of  
Irish Origin**

**Vegetarian Lunch Must Be Pre Ordered**